

Our Services and Programs

Therapeutic Horsemanship

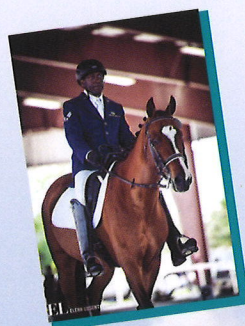
Riding lessons with the purpose of skill development while fostering improvements in body and mind, are taught by certified therapeutic riding instructors. Lessons are tailored to the goals of each SIRE client.

Hippotherapy

Is outpatient physical, occupational, or speech and language therapy that utilizes equine movement as a treatment strategy. This service is provided to children and adults with movement dysfunction and to clients as young as two years old.

Horses for Armed Forces

improves lives by providing services, often at no charge, to active, separated, and retired service members and their families.



Education

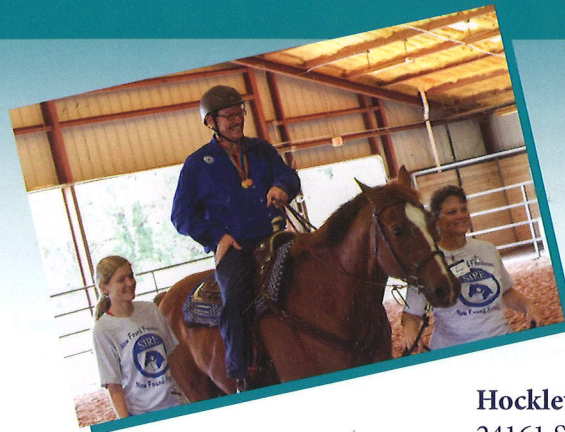
SIRE holds many workshops, clinics and instructor certifications throughout the year to help our volunteers and the profession of therapeutic horsemanship to grow.

Competition

SIRE clients are encouraged to develop and demonstrate their skills in annual competitions such as Special Olympics, the Houston Rodeo's Top Hands Show, and the All SIRE Horse Show.

Field Trips and Group Work Days

Looking for a way to help out your community and build your team? SIRE offers field trips and team-building work days at all three sites.



Hockley

24161 Spring Drive
Hockley, TX 77447
(281) 356-7588

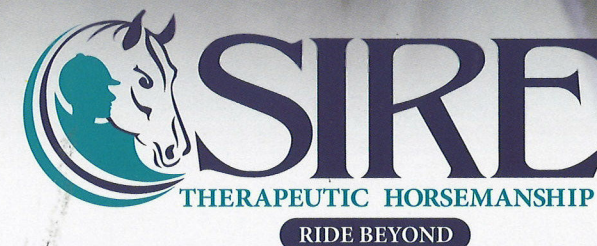
Fort Bend

at the Richmond State
Supported Living Center
2100 Preston Street
Richmond, TX 77459
(281) 344-4308

Spring

4610 Sloangate
Spring, TX 77373
(281) 353-6160

www.sire-htec.org



About SIRE

The mission of SIRE is to improve the quality of life for people with special needs through therapeutic horsemanship activities and therapies, and educational outreach.

SIRE conveniently has 3 locations to serve the nearly 700,000 people in the Houston area with disabilities. Year-round, SIRE changes lives by continuing Texas traditions: appreciate the outdoors, support freedom, help others, and recognize the unique power and spirit of the horse.

Benefits

The power of therapeutic horsemanship to change lives has been known for hundreds of years. Scientific studies and those who participate note benefits including

Increased strength
Better balance
More social interaction

Increased flexibility
Improved coordination
Enhanced self-esteem



SIRE Riders

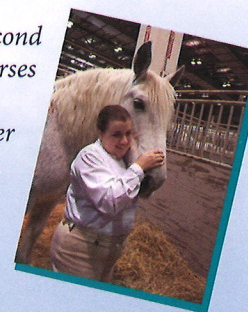
Therapeutic horsemanship can benefit most types of physical, emotional, and intellectual disabilities starting at age 3 and with no upper age limit.

"The first time I went to SIRE for my therapy I was wheeled up the ramp to mount my horse. After my first semester, I used a walker. Now, I need only my cane for support! The confidence and freedom I have gained with SIRE is immeasurable and a blessing to me. I am grateful to all the SIRE staff, volunteers, horses and donors who make it possible!"

~ Alicia Garcia

"I used to be afraid of most everything. After the second lesson, I was hugging this huge horse. I knew the horses and everyone at SIRE loved me and wanted to help me. SIRE has helped me do things that I would never have been able to do without the therapeutic riding. One of my dreams is that SIRE and everyone there will always be a part of my life. I love SIRE. It feels like home."

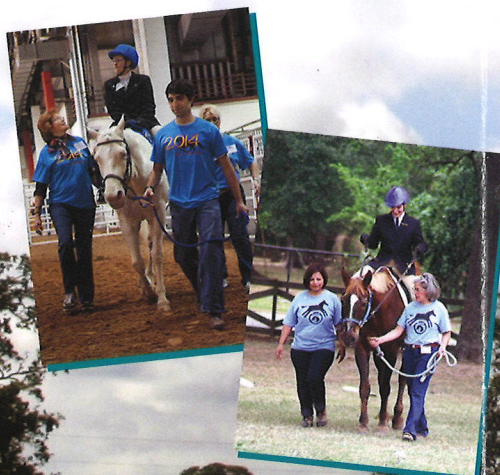
~ Shelby Day



More than 30% of SIRE riders are on the **Autism Spectrum**. Other special needs that SIRE serves include but are not limited to

Cerebral Palsy
Multiple Sclerosis
Attention Deficit
Traumatic Brain Injury

Down Syndrome
Developmental Delay
Hyperactivity Disorder
Spinal Cord Injury



SIRE Horses

Our 27 therapy horses have rhythmic, even gaits, providing correct movements for SIRE's riders. Therapy horses have to accept sudden noises, unbalanced riding and be responsive to correct cues, without being overly sensitive. It takes a special horse with a compassionate heart to be a therapy horse.

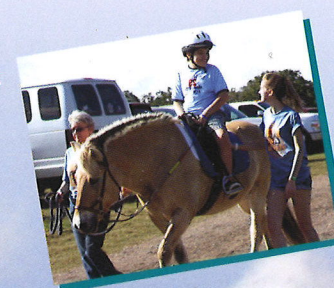
"Horse care isn't cheap but watching the horses work is priceless. The care SIRE's horses take with our riders and the compassion the equine therapists show must be seen to be believed."

~ Renée Adair, SIRE board member and volunteer

Volunteers

Be a part of something big and change lives. No horse experience is necessary. Contribute your knowledge and meet others who share your interests.

Three locations ~ Flexible hours
Training included



Ways you can help

Volunteer, donate, give gifts-in-kind, become an advisor or board member, a committee member, create a legacy or ask your corporation to give.

Your support is essential to improve quality of life for people with special needs through therapeutic horsemanship.

501(c)3 non-profit organization.
EIN 74-2168515

Ride Beyond